

# The TRiO Scoop!

## The TRiO Student Support Services Newsletter



### Welcome One and All!

Hello, and a big SUNY Canton welcome to all new and returning students! We are excited to have you be a member of the SUNY Canton family!

This semester, TRiO will be greeting over one-hundred-and-forty of new students into our program. This will mean that TRiO will be providing support to over two hundred and eighty participants.

What does it mean to be a part of TRiO? Well, all new students are enrolled in Freshman Seminar, a one-credit, fifteen-week class. Your instructor for that class will also be your Academic

Counselor throughout your time at SUNY Canton.

So what should you do in your first few days here? Well, now is the time to get to know the college and to get a feel for what student life is all about.

There is no doubt that college can be tough. However, if you use the resources available to you, things can certainly become a little easier.

Asking for help with school work can be difficult and embarrassing; no-one likes to admit that they need assistance. Nevertheless, there are many ways that

students can receive tutoring. The first is through Tutoring Coordinator, Johanna Lee. You can find Johanna in Room 125 in the Library. A lot of different subjects are covered, so go to

[www.canton.edu/tutoring](http://www.canton.edu/tutoring) to see what is offered.

Additionally, TRiO students can come and see Math/Science Academic Specialist Mark Millward. He can help you with any math course and also with Chemistry and Biology 101.

So don't be a stranger, come over and meet the TRiO folks and introduce yourself!



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### TRiO Student Support Services – What Is It?

#### Who are we?

TRiO is a federally-funded grant program which provides enhanced academic assistance to eligible students.

The aim of the TRiO program is to retain its participants and have many continue toward a baccalaureate degree.

#### Who is eligible?

Eligibility is based upon federal guidelines. Those who are first-generation college students, or who meet specific income and/or documented disability requirements are eligible.

#### What do they do?

TRiO provides a variety of support services, including intensive assistance in math, writing, study skills, time management and academic counseling. TRiO participants take a 15 week, 1 credit hour course (BASK 060: Freshman Seminar) which covers all of this in greater detail.

Go to [http://www.canton.edu/academic\\_support\\_services/trio.html](http://www.canton.edu/academic_support_services/trio.html) for more information



SUNYCantonTRiO

## Spring 2011 Graduates

The following TRiD students graduated from SUNY Canton at the end of the Spring 2011 semester. We wish them every success for their future!

- Riley E. Adams (*A.A.S. in Dental Hygiene*)  
 Zachary W. Anderson (*Health Science Career Studies Cert.*)  
 Chelsea J. Ashbury (*A.A.S. in Veterinary Science Technology*)  
 Aubree E. Austin (*Health Science Career Studies Cert.*)  
 Dylan T. Barringer (*Criminal Justice Studies Cert.*)  
 Sarah K. Bell (*A.A.S. in Accounting*)  
 Kaddy Baldeh (*Health Science Career Studies Cert.*)  
 Jhannel S. Bernard (*Health Science Career Studies Cert.*)  
 Lydia A. Bernard (*A.A.S. in Accounting*)  
 Storm M. Blackburn (*Criminal Justice Studies Cert.*)  
 Danaisha D. Blalock (*Health Science Career Studies Cert.*)  
 Nicole D. Blanchard (*Health Science Career Studies Cert.*)  
 Jessica L. Bonham (*A.A.S. in Business Administration*)  
 Lillian R. Brann (*A.A.S. in Veterinary Science Technology*)  
 Roxanne A. Brown (*A.A.S. in Veterinary Science Technology*)  
 Ashley N. Burdick (*B.T. in Veterinary Services Management*)  
 Sagan L. Bush (*Health Science Career Studies Cert.*)  
 Jamie L. Butterfield (*Criminal Justice Studies Cert.*)  
 Andres L. Costigan (*Health Science Career Studies Cert.*)  
 Melissa J. Curry (*Health Science Career Studies Cert.*)  
 Penny A. DaFoe (*A.S. in Early Childhood*)  
 Nichole L. Damms (*Criminal Justice Studies Cert.*)  
 Sabine Denis (*Health Science Career Studies Cert.*)  
 Leila Deolall (*Health Science Career Studies Cert.*)  
 Brittany A. Dewey (*Practical Nursing Cert.*)  
 Lachelle R. Dilcox (*A.A.S. in Accounting*)
- Azem A. Dobrodoli Jr. (*Criminal Justice Studies Cert.*)  
 Shane M. Dubay (*A.A.S. in Criminal Justice*)  
 Tracy L. Durant (*Health Science Career Studies Cert.*)  
 MALcome G. Fein (*A.S. in Engineering Science*)  
 Matthew J. Foote (*B.T. in Alternative & Renewal Energy Systems*)  
 Amber French (*A.A.S. in Criminal Justice*)  
 Jennifer M. Garcia (*Health Science Career Studies Cert.*)  
 Tessa N. Gilbo (*A.A. in Liberal Arts — General Studies*)  
 Yvonne Howe (*Health Science Career Studies Cert.*)  
 Nicole L. Jayson (*A.A.S. in Veterinary Science Technology*)  
 Jasmine M. Jean (*A.A.S. in Criminal Justice*)  
 Howard L. Jessmer (*Health Science Career Studies Cert.*)  
 Robert W. LaFaver (*Health Science Career Studies Cert.*)  
 Andrew C. Laflair (*Criminal Justice Studies Cert.*)  
 Marisa M. Langtry (*Health Science Career Studies Cert.*)  
 Robert J. Leboeuf (*Practical Nursing Cert.*)  
 Aisha Lightbourne (*Health Science Career Studies Cert.*)  
 Josephene M. Mailu (*A.A.S. in Nursing*)  
 Daina M. Manning (*Criminal Justice Studies Cert.*)  
 Ashley M. Matteson (*Health Science Career Studies Cert.*)  
 Kim McNamara (*Health Science Career Studies Cert.*)  
 Remy Moreno (*Criminal Justice Studies Cert.*)  
 Kylee L. Noble (*Health Science Career Studies Cert.*)  
 Nicole C. Page (*Health Science Career Studies Cert.*)  
 Ryan M. Patraw (*Health Science Career Studies Cert.*)  
 Lindsey C. Paul (*Criminal Justice Studies Cert.*)  
 Marie R. Petrucci (*A.A.S. in Nursing*)
- Shamira M. Perez (*A.A.S. in Veterinary Science Technology*)  
 Aveleen N. Phipps (*Health Science Career Studies Cert.*)  
 Daniel H. Powell (*Health Science Career Studies Cert.*)  
 Stephen K. Primeau (*Criminal Justice Studies Cert.*)  
 Betzaida Ramirez (*Criminal Justice Studies Cert.*)  
 Luz Raymondi (*Health Science Career Studies Cert.*)  
 Morgan Reiter (*Health Science Career Studies Cert.*)  
 Ilianatacha Rosa (*A.S. in Early Childhood*)  
 Jennifer M. Rush (*Health Science Career Studies Cert.*)  
 Brandon M. Rust (*Criminal Justice Studies Cert.*)  
 Jesse J. Sheen (*A.A.S. in Criminal Justice*)  
 Caren I. Shoemaker (*Health Science Career Studies Cert.*)  
 Abigail E. Shoen (*A.A. in Liberal Arts — General Studies*)  
 Casey E. Small (*A.A.S. in Nursing*)  
 Brandi D. Smith (*Health Science Career Studies Cert.*)  
 Nicole E. Smith (*Health Science Career Studies Cert.*)  
 Stephanie K. Sochia (*B.B.A. in Management*)  
 Casey Stephens (*Criminal Justice Studies Cert.*)  
 Kristy L. Thurber (*A.A. in Liberal Arts — General Studies*)  
 Kortney Travis (*Criminal Justice Studies Cert.*)  
 Brianna Tripp (*Health Science Career Studies Cert.*)  
 Jonathan Turner (*B.T. in Graphic & Multimedia Design*)  
 Chantel Vazquez (*A.A.S. in Criminal Justice*)  
 Carrie F. Vinch (*Practical Nursing Cert.*)  
 Rachel Wells (*Criminal Justice Studies Cert.*)  
 Leslie C. White (*Health Science Career Studies Cert.*)  
 Madalyn R. Widrick (*Health Science Career Studies Cert.*)  
 Mara E. Wilson (*Practical Nursing Cert.*)  
 Isabelle A. Young (*Health Science Career Studies Cert.*)  
 Catherine J. Zwijacz (*Criminal Justice Studies Cert.*)



**CONGRATULATIONS TO ALL OF OUR GRADUATES !!**



## Chi Alpha Epsilon Honor Society Inductees

The following students were inducted into the Chi Alpha Epsilon Honor Society on April 28, 2011. Chi Alpha Epsilon recognizes the academic achievements of students admitted through non-traditional criteria who utilize developmental education support services. Its purpose is to promote continued high academic standards, foster increased communication, and honor the academic excellence of those students admitted to college via developmental program pathways.

### *Pin Upgrade for Continued Academic Excellence*

Bridget Davey, Lachelle Dilcox and Amanda McManus

### *New Inductees*

Marlene Aldana, Amanda Berger, Josephine Bernard, Michael Camilliere, Kristina Chase, Melanie Cunningham, Natasha Debien, Patricia Flores, Lindsay Ghostlaw, Juan Guerrero, Micheal Jason, Maurice Kellison, Stephanie Langomas, Martin Liu, Josephine Mailu, Stephanie Menezile, Jennifer O'Brien, Jeannette Richards, Anita Scott, Valerie Scott, Jason Shorette, Sherry Snow, Andrew Squire, Jeffrey Stevens and Leah A. White

### *Honorary Inductees*

Anne Drake and Scott Quinelle.



## Phi Theta Kappa International Honor Society Inductees

Colin Brotherton, Britney Livingston, Amida Mumuni, Lacey Staires, Briana Tripp and Isabelle Young were all inducted into the Phi Theta Kappa International Honor Society on April 27, 2011. To qualify for invitation, students must have completed at least 12 credit hours at an accredited two-year university and have earned a GPA of at least 3.5.



**CONGRATULATIONS TO ALL OF OUR INDUCTEES!!**

## The Freshman First Semester of College: A Survival Guide

The first day of classes of your freshman year at college is a daunting one. You have been handed a syllabus from every class, containing what reports, collateral reading, and exams will be required by the end of the semester. You probably know very few people on the campus, and you are still learning your way around. By the end of the day, many freshmen sit down and wonder how they will ever make it through one semester, much less enough time to graduate with a degree. However, it is not only possible to survive the first day, the first week,

the first year, but you can survive and thrive as well.

Even for the brightest student, having a stack of syllabi in your hands can be a frightening, nerve-wracking thing. You have class after class requiring not only that the textbook be read, but hundreds of pages of collateral reading be read and documented, along with several papers and reports, each required to be many pages in length. And do not forget exams! You will have exams, mid-terms, and the most dreaded word of all - finals. Just seeing it

typed out is pretty scary, even for someone who has "been there, done that." For a freshman, fresh out of high school, it produces a churning sensation in the stomach, a sense of being incapable to ever finish, and a response similar to "There is absolutely no way in this world one person could ever..." You can however. If things get desperate, and you still can not convince yourself, seek out a professor or guidance counselor, and see if they have time to listen. Explain your frustrations, and listen to their advice. They are there to help you. Use that resource.



## Tutoring Schedule—Fall 2011

One of the major forms of assistance that TRiD provides its students is tutoring. Mark Millward is looking forward to providing students with additional help with Math and Science, and so he would like to make you aware of his group tutoring schedule.

One-to-one appointments are also available, so stop by and make an appointment!



Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am	<b>MATH 106</b>	NOT AVAIL- ABLE	<b>MATH 106</b>	NOT AVAIL- ABLE	<b>BIO 101</b>
9:30am					
10:00am	<b>MATH 100</b>	<b>BIO 101</b>	<b>BIO 101</b>	<b>MATH 106</b>	
10:30am					
11:00am	<b>CHEM 101</b>	<b>BIO 101</b>		<b>MATH 106</b>	<b>CHEM 101</b>
11:30am					
12:00pm	<b>MATH 106</b>	<b>MATH 100</b>	<b>MATH 106</b>	<b>MATH 100</b>	<b>MATH 106</b>
12:30pm					
1:00pm		<b>BIO 101</b>	<b>CHEM 101</b>		<b>MATH 100</b>
1:30pm					
2:00pm	<b>MATH 100</b>	<b>MATH 100</b>		<b>MATH 100</b>	
2:30pm					
3:00pm		<b>MATH 106</b>			
3:30pm					
4:00pm					



### Calculators and Laptops Available



Have a math test and forgot your calculator? Need to borrow a laptop because yours has crashed?

TRiD has 8 scientific calculators, 6 graphing calculators and three

laptops available for short-term loans to TRiD students. Stop by CC235 and see your Academic Counselor, Brenda Miller or Farren Davis or stop in and see Academic Specialist Mark Millward for details.

## Academic Probation

Students who are on Academic Probation were notified by mail during the summer months. Academic Probation is a serious matter and there are several requirements and important dates to remember.

Each student on Academic Probation is required to study in the Tutoring Labs for at least three

hours per week. Smart Steps study skills programming is also available every Tuesday and Friday for five weeks beginning August 30. A description and schedule of the programming was included with probation contracts. Additional copies are available from Sharon Tavernier in Cook Hall.

## Important Semester Dates

<b>8/22, 8 a.m.</b>	Classes Begin
<b>8/24</b>	Last Day for Late Registrants
<b>8/26</b>	Change Period Ends (Five Class Days)
<b>9/5</b>	Last Day to Make Up Spring 2011 Incompletes
<b>9/23 through 9/25</b>	Family and Community Weekend
<b>9/30</b>	Last Day to Withdraw from First Seven-Week Courses
<b>10/10</b>	Fall Recess - No Classes
<b>10/11</b>	Second Seven-Week Courses Begin
<b>10/14 (Noon)</b>	Midterm Grades Available for Students Online
<b>10/31 through 11/4</b>	Pre-scheduling for Spring 2012



## TRiO Tweets!!

TRiO is now on Twitter! Go to <http://www.twitter.com> and search for SUNYCantonTRiO.

Click on the "Follow" link, and you'll be kept up-to-date on all the latest news from TRiO Student Support Services



All returning students **must** complete a Semester Update form online at: [http://www.canton.edu/academic\\_support\\_services/update.html](http://www.canton.edu/academic_support_services/update.html)



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Note: All services, resources and information within is applicable and available to current TRiO SSS participants only