

**STATE UNIVERSITY OF NEW YORK  
COLLEGE OF TECHNOLOGY  
CANTON, NEW YORK**



**COURSE OUTLINE**

NURS 105 Nursing Seminar

**Prepared By:** Olga J. Dolly MS, FNP-C, NCSN

**SCHOOL OF SCIENCE, HEALTH AND CRIMINAL JUSTICE  
Nursing Department  
April 2015**

- A. **TITLE:** Nursing Seminar
- B. **COURSE NUMBER:** NURS 105
- C. **CREDIT HOURS:** 1
- D. **WRITING INTENSIVE COURSE:** No
- E. **COURSE LENGTH:** 15 weeks
- F. **SEMESTER(S) OFFERED:** Fall
- G. **HOURS OF LECTURE, LABORATORY, RECITATION, TUTORIAL, ACTIVITY:** 1 hour of lecture hour per week. Note: 1 credit = 50 minutes of lecture per week
- H. **CATALOG DESCRIPTION:** This course serves as an introduction to the nursing program. It includes differentiating a program of study from individual courses; clarifying experiences; learning study skills and test taking strategies; practicing stress and coping techniques; and enhancing organizational and time management skills. Students explore critical thinking within the context of nursing. The seminar format provides an opportunity to apply critical thinking to current coursework. Attendance with active participation in discussions is expected. Attendance is required in this course because of the importance of dialogue in thinking and learning. The different viewpoints shared during the seminar will help expand the thinking of all participants.
- I. **PRE-REQUISITES/CO-REQUISITES:**  
Pre-Requisite(s): Nursing students only
- J. **STUDENT LEARNING OUTCOMES:**

By the end of this course, the student will be able to:

<b><u>Course Student Learning Objective (SLO)</u></b>	<b><u>Institutional SLO</u></b>
a. Describe the curricular framework of Transformation as used for the SUNY Canton Nursing Program.	Professional Behaviors
b. Critically reflect on one's own development in terms of experience, present nursing preparation, personal resources, strengths & weaknesses, future goals, and the desire to be successful in the nursing program.	Critical Thinking Professional Behaviors Inter/ Intra Personal Skills
d. Discuss the importance of critical thinking and the application of evidence based information in nursing practice.	Critical Thinking Professional Behaviors
g. Identify professional behaviors which exemplify the moral/ethical standards in nursing practice.	Communication Critical Thinking Professional Behaviors

**K. TEXTS:**

Catalano, J. T. (2015). *Nursing Now! Today's Issues, Tomorrows Trends*, (7<sup>th</sup> Ed.).

Philadelphia: F.A. Davis Company

Dunham, K. S. (2008). *How to Survive and Maybe Even Love Nursing School: A Guide for Students by students*, (3rd Ed.). Philadelphia: F.A. Davis Company.

HESI package

Nugent, P. M. & Vitale, B. A. (2012). *Test success: Test-taking Techniques for Beginning Nursing Students*, (6th Ed.). Philadelphia: F.A. Davis Company.

**L. REFERENCES: None**

**M. EQUIPMENT: Technology enhanced classroom, portable computer with internet access**

**N. GRADING METHOD: A-F**

**O. MEASUREMENT CRITERIA/METHODS:**

- Plan for Success (30% of total grade)
- Personal professional portfolio (35% of total grade)
- Current event contribution (10% of total grade)
- Participation (25% of total grade)

**P. DETAILED COURSE OUTLINE:**

- I. Planning for Success
  - A. Succeeding in college
  - B. Time Management Skills
  - C. Stress Management Skills
  - D. Learning Skills
  - E. SWOT Analysis
  - F. Test Taking Strategies and the NCLEX Test Plan
  - G. SUNY Canton Nursing Program
- II. Nursing and the Profession
  - A. Nursing History
  - B. Nursing Theory
  - C. Philosophy of Nursing
  - D. Critical Thinking in Nursing
  - E. Evidence-Based Practice in Nursing
  - F. Professional Behaviors in Nursing

**Q. LABORATORY OUTLINE: N/A**