COURSE OUTLINE

NURS 105 Nursing Seminar

Prepared By: Olga J. Dolly MS, FNP-C, NCSN

SCHOOL OF SCIENCE, HEALTH AND CRIMINAL JUSTICE
Nursing Department
April 2015
A. **TITLE:** Nursing Seminar

B. **COURSE NUMBER:** NURS 105

C. **CREDIT HOURS:** 1

D. **WRITING INTENSIVE COURSE:** No

E. **COURSE LENGTH:** 15 weeks

F. **SEMESTER(S) OFFERED:** Fall

G. **HOURS OF LECTURE, LABORATORY, RECITATION, TUTORIAL, ACTIVITY:** 1 hour of lecture hour per week. Note: 1 credit = 50 minutes of lecture per week

H. **CATALOG DESCRIPTION:** This course serves as an introduction to the nursing program. It includes differentiating a program of study from individual courses; clarifying experiences; learning study skills and test taking strategies; practicing stress and coping techniques; and enhancing organizational and time management skills. Students explore critical thinking within the context of nursing. The seminar format provides an opportunity to apply critical thinking to current coursework. Attendance with active participation in discussions is expected. Attendance is required in this course because of the importance of dialogue in thinking and learning. The different viewpoints shared during the seminar will help expand the thinking of all participants.

I. **PRE-REQUISITES/CO-REQUISITES:**
   Pre-Requisite(s): Nursing students only

J. **STUDENT LEARNING OUTCOMES:**

By the end of this course, the student will be able to:

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<tr>
<th>Course Student Learning Objective (SLO)</th>
<th>Institutional SLO</th>
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<tbody>
<tr>
<td>a. Describe the curricular framework of Transformation as used for the SUNY Canton Nursing Program.</td>
<td>Professional Behaviors</td>
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<td>b. Critically reflect on one’s own development in terms of experience, present nursing preparation,</td>
<td>Critical Thinking</td>
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<td>personal resources, strengths &amp; weaknesses, future goals, and the desire to be successful in the</td>
<td>Professional Behaviors</td>
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<td>nursing program.</td>
<td>Inter/ Intra Personal Skills</td>
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<td>d. Discuss the importance of critical thinking and the application of evidence based information in</td>
<td>Critical Thinking</td>
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<td>nursing practice.</td>
<td>Professional Behaviors</td>
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<td>g. Identify professional behaviors which exemplify the moral/ethical standards in nursing practice.</td>
<td>Communication</td>
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<td></td>
<td>Critical Thinking</td>
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<td>Professional Behaviors</td>
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K. TEXTS:
HESI package

L. REFERENCES: None

M. EQUIPMENT: Technology enhanced classroom, portable computer with internet access

N. GRADING METHOD: A-F

O. MEASUREMENT CRITERIA/METHODS:
- Plan for Success (30% of total grade)
- Personal professional portfolio (35% of total grade)
- Current event contribution (10% of total grade)
- Participation (25% of total grade)

P. DETAILED COURSE OUTLINE:

I. Planning for Success
   A. Succeeding in college
   B. Time Management Skills
   C. Stress Management Skills
   D. Learning Skills
   E. SWOT Analysis
   F. Test Taking Strategies and the NCLEX Test Plan
   G. SUNY Canton Nursing Program

II. Nursing and the Profession
   A. Nursing History
   B. Nursing Theory
   C. Philosophy of Nursing
   D. Critical Thinking in Nursing
   E. Evidence-Based Practice in Nursing
   F. Professional Behaviors in Nursing

Q. LABORATORY OUTLINE: N/A