COURSE OUTLINE NURSING 300
CONCEPTUAL FRAMEWORKS IN NURSING

Prepared By: Peggy La France
A. **TITLE:** Conceptual Frameworks in Nursing

B. **COURSE NUMBER:** NURS 300

C. **CREDIT HOURS:** 3

D. **WRITING INTENSIVE COURSE:** No

E. **COURSE LENGTH:** 15 weeks

F. **SEMESTER(S) OFFERED:** Fall and Spring

G. **HOURS OF LECTURE, LABORATORY, RECITATION, TUTORIAL, ACTIVITY:**
   Three hours of lecture weekly. 1 credit= 50 minutes of lecture

H. **CATALOG DESCRIPTION:** This course examines the historical development and evolution of nursing theory and its interrelationship to research and professional nursing practice. The course includes critical thinking activities used to conceptualize, apply, analyze, and synthesize knowledge related to specific nursing theories and their importance in nursing education, practice, and research. A group project that incorporates the students’ knowledge of nursing theory and nursing theorists will be used to demonstrate an understanding of the relevance of theory to practice.

I. **PRE-REQUISITES/CO-COURSES:**
   Students must be enrolled in the RN-BSN program or permission of instructor.

J. **GOALS (STUDENT LEARNING OUTCOMES):**
   By the end of this course, the student will:

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<th>Course Objective</th>
<th>Program SLO</th>
<th>Institutional SLO</th>
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<td>a. Describe the evolution of nursing theory.</td>
<td>Participation as nurse leaders on interdisciplinary teams to influence positive social change and health care policy.</td>
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<td>b. Analyze the relevance of nursing theory/conceptual frameworks in education, research, and practice.</td>
<td>Demonstrate critical thinking and decision making that utilizes the nursing process and</td>
<td>Critical Thinking</td>
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<td><strong>e.</strong> Compare and contrast the major ideas of various theorists/conceptual models of nursing.</td>
<td>Synthesize knowledge from the liberal arts and nursing to promote the health and well-being of culturally diverse individuals, families, groups, and communities.</td>
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<td><strong>e.</strong> Apply selected nursing theory/conceptual frameworks into nursing research, education, and practice.</td>
<td>Utilize nursing theory/conceptual frameworks, nursing research, and evidence-based practice in addressing the nursing care needs of culturally diverse individuals, families, groups and communities.</td>
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K. **TEXTS:**


L. **REFERENCES:**

M. **EQUIPMENT:** Technology Enhanced Classroom

N. **GRADING METHOD:** A – F

O. **MEASUREMENT CRITERIA/METHODS:**

- Discussion board items including reviews of nursing theory/conceptual frameworks and evidenced-based practices
• Small group activities
• Final group research project related to conceptual models/theoretical frameworks’ relevance to professional nursing practice

P. DETAILED COURSE OUTLINE:

I. Introduction to Nursing Theory
   A. Nursing Philosophy
   B. Conceptual Models of Nursing
   C. Nursing Theories

II. Conceptual Models A. Historical Evolution
    B. Functions of Conceptual Models
    C. Metaparadigm of Nursing

III. Nursing Theory
     A. Purpose of Nursing Theory
     B. Factors Influencing the Development of Nursing Theory
     C. Categories of Nursing Theory

IV. Conceptual-Theoretical-Empirical Systems of Nursing Knowledge
    A. Role of Nursing Research
    B. Influence in Nursing Education
    C. Influence in Nursing Administration
    D. Influence in Clinical Nursing Practice

V. Analysis and Evaluation of Conceptual Models of Nursing
    A. Framework for Analysis and Evaluation
    B. Relevance to the Discipline of Nursing
    C. Critiquing Theory

VI. Evolution of Nursing Theory
    A. Florence Nightingale
    B. Theory Development in the Twentieth Century
    C. Behavioral System Model
    D. Conservation Model
    E. The Care, Core, and Cure Model
    F. Humanistic Nursing Theory
    G. Self-Care Deficit Nursing Theory
    H. Science of Unitary Human Beings
    I. The Human Becoming School of Thought
    J. Theory of Goal Attainment
    K. Roy’s Adaptation Model
L. The Neuman System’s Model
M. Theory of Human Caring
N. Theory of Culture Care Diversity and Universality

VII. Application of Nursing Theory to Nursing Practice
A. Comparing and Contrasting Models and Theories
B. Connection to Nursing Practice
C. Future Implications