

Student Affairs

August/ September 2015

Roo Athletics

Roos Opening Night! Four Roos teams will start their seasons at home on the same day – Tuesday, September 1st. Come check out the action as the Roos take on some local rivals:

- ❖ Men's Cross Country hosts the SUNY Canton Kangaroo Invitational **5 PM**
- ❖ Women's Cross Country hosts the SUNY Canton Kangaroo Invitational **6 PM**
- ❖ Women's Volleyball vs St. Lawrence University **6 PM**
- ❖ Men's Soccer vs SUNY Potsdam **7 PM**

Women's Soccer will begin their season on the road playing at Wells College on September 1st.

Welcome to new Women's Soccer Head Coach Rose Lucidi. Coach Lucidi comes to SUNY Canton from Mount Aloysius College in Pennsylvania where she served as an assistant coach. She was a two sport student-athlete at Juniata College where she played four years of soccer and three years of track and field.

Open tryouts for various sports teams will be announced via campus-wide email. Students who are hoping to play a sport here at SUNY Canton should contact the appropriate head coach to discuss those possibilities.

Counseling

- ❖ The SUNY Canton Counseling Center has several new and returning educational programs for the Fall 2015 semester!
- ❖ Residence halls programming on; Changing Perspectives; Reducing Stress and Beer Simulation Goggles.
- ❖ Educational table programming on; Counseling Services, Campus Alcohol Policy, Homesickness & Roommate Issues, Bullying Awareness, Self Esteem, Drug Addiction Awareness, Underage Drinking Awareness, Healthy Living/Eating.

Same day appointments when applicable, open 8-4:30

For more information please stop by the Counseling Office in the Miller Campus Center 225 or by phone at 315-386-7314.



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Residence Life

- ❖ Renovations to Heritage East began in January 2015, and since, materials containing asbestos were removed, and this summer floors were refinished with polished concrete. The polished concrete in Heritage East is similar to the floors in South Nevaldine and the Roos House. Additionally, the two closets in each room have been removed and replaced with three wardrobes. The East wing will be reoccupied for this Fall semester and in January 2016 the next phase of renovations will begin. The second phase of renovations will update and replace wall material, paint, doors, lighting, plumbing and electrical. The bathrooms will be completely gutted and redone. Once renovations are complete, new furniture will be placed in all student rooms. This project is scheduled to be completed by August 2016 with residents reoccupying the wing in Fall 2016.

Davis Health Center

The Davis Health Center has several new and returning programs for the Fall 2015 semester!

- ❖ **SHEER MADNESS, *From Federal Prosecutor to Federal Prisoner*** -October 14th at 4:00pm the Kingston Theater - Author, Andrew McKenna will discuss his memoir chronicling his life and struggles with drug addiction. A book signing will follow this program outside the Kingston Theater. This program is co-sponsored by the Davis Health Center and Student Activities office.
- ❖ **The Hop into Health fair** -October 28th from 10:00am-2:00pm in the Miller Campus Center. Local health organizations will provide health screenings, information and health awareness activities.

Recurring programs include:

- ❖ **Eat Fit** –Meet with a Registered Dietician for free! Students only.
- ❖ **Tobacco cessation**- stop or cut back on smoking or chewing tobacco. Free nicotine replacement therapy is provided. Students only.
- ❖ **CPR- BLS and Heartsaver CPR classes** will be offered during the fall semester. Class size is limited.
- ❖ **Flu Shots**-will be offered for students. Watch your email for dates/times.

To make an appointment for Eat Fit, tobacco cessation, CPR or questions regarding the flu shots, students may contact the Davis Health Center at 315-386-7333. For questions regarding the Sheer Madness presentation or Health Fair, please contact Farren Lobdell at 315-386-7958 or davisf@canton.edu

Our division provides support, services, resources, advocacy for students, activities, events, social programming, and leadership opportunities--- all designed to help students transition to campus life and make the most out of their learning experience. Believing that student success is a shared responsibility, we partnership with the academic community to provide support for student learning in and outside of the classroom.

