MASTER SYLLABUS

FSAD 406 – Bereavement Counseling

CIP Code:

(12.0302) Funeral Direction/Services

Created by: David R. Penepent. PhD
Updated by: October 25, 2023
A. TITLE: Bereavement Counseling

B. COURSE NUMBER: FSAD 406

C. CREDIT HOURS (Hours of Lecture, Laboratory, Recitation, Tutorial, Activity):

- Credit Hours: 3
- Lecture Hours: 3 per Week
- Lab Hours: 0 per Week
- Other: 0 per Week

Course Length: 15 Weeks

D. WRITING INTENSIVE COURSE: No

E. GER CATEGORY: None

F. SEMESTER(S) OFFERED: Fall

G. COURSE DESCRIPTION:

This course will explore and utilize various theories of grief as they apply to a bereaved person’s grieving process. The course will explore anticipatory grief, hospice care, disenfranchised loss, child death, suicide, homicide, absent grief, tragic and sudden death, and extended grief. The student will observe and describe the progress of a person’s grief to a recent loss as an original research project.

H. PRE-REQUISITES: PSYC 101 Introduction to Psychology, SSCI 315 Death Dying and Bereavement

CO-REQUISITES: None

I. STUDENT LEARNING OUTCOMES:

Upon completion of this course, the student will,

<table>
<thead>
<tr>
<th>Student Learning Outcome [SLO]</th>
<th>Program Student Learning Outcomes [PSLO]</th>
<th>Institutional Student Learning Outcomes [ISLO]</th>
</tr>
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<tbody>
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</tbody>
</table>
1. Identify the various theories and emotions associated with the grieving process.

2.1.8 Describe methods to address the grief-related needs of the bereaved.

5. Industry, Professional, Discipline-Specific Knowledge and Skills

J. APPLIED LEARNING COMPONENT: Yes______  No____X____

If Yes, select one or more of the following categories:

- Classroom/Lab___
- Internship___
- Clinical Practicum___
- Practicum___
- Service Learning___
- Community Service___
- Civic Engagement___
- Creative Works/Senior Project___
- Research___
- Entrepreneurship___

K. TEXTS:


- Death Education Assessment Drill Simulator (DEAD), Anubis Publications Inc.


L. REFERENCES: None

M. EQUIPMENT: Microsoft Word or comparable software. Internet access is required.
N. GRADING METHOD: A – F

NOTE: IN ALL FUNERAL SERVICE REQUIRED CORE COURSES A “C” OR HIGHER IS NEEDED TO PASS

The grading will be as follows:

<table>
<thead>
<tr>
<th>Assignment Category</th>
<th>Grade Weight/ Point Distribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assignments</td>
<td>25%</td>
</tr>
<tr>
<td>-Discussion Post 10%</td>
<td></td>
</tr>
<tr>
<td>-Final Project 15%</td>
<td></td>
</tr>
<tr>
<td>Weekly Quizzes</td>
<td>25%</td>
</tr>
<tr>
<td>Comprehensive D.E.A.D. Exams</td>
<td>15%</td>
</tr>
<tr>
<td>Midterm</td>
<td>20%</td>
</tr>
<tr>
<td>Final</td>
<td>15%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

O. SUGGESTED MEASUREMENT CRITERIA/METHODS:

Your final grade will be calculated based on the following grading scheme:

<table>
<thead>
<tr>
<th>From %</th>
<th>To %</th>
<th>Letter grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>100</td>
<td>92.0</td>
<td>A</td>
</tr>
<tr>
<td>91.9</td>
<td>87.0</td>
<td>B+</td>
</tr>
<tr>
<td>90.0</td>
<td>86.9</td>
<td>B</td>
</tr>
<tr>
<td>82.9</td>
<td>82.9</td>
<td>C+</td>
</tr>
<tr>
<td>78.9</td>
<td>78.9</td>
<td>C</td>
</tr>
<tr>
<td>75.9</td>
<td>75.9</td>
<td>D+ Required to retake the course.</td>
</tr>
<tr>
<td>68.9</td>
<td>68.9</td>
<td>D Required to retake the course.</td>
</tr>
<tr>
<td>59.9</td>
<td>59.9</td>
<td>F Required to retake the course.</td>
</tr>
</tbody>
</table>

Once enrolled in the Funeral Services Administration program, students must complete the course of study within six (6) years. FSAD courses that are (6) years or older must be retaken because the American Board of Funeral Service Education revises the course outlines every seven years.
P. DETAILED COURSE OUTLINE:
   I. Psychology of loss, grief, and mourning
      A. theories of loss and grief
         1. Lindemann
         2. Bowlby
         3. Kubler-Ross
         4. Parkes
         5. Raphael
         6. Wolfelt
         7. Piaget
      B. theories of effective mourning
         1. Worden
         2. Rando
         3. Grollman
         4. Canine
   II. Counseling Theories
      A. psychodynamic
      B. client-centered
      C. rational-emotive theory
      D. transactional analysis
         E. behavioral theory
         F. group therapy
         G. crisis intervention
         H. choice theory
   III. Therapeutic communication
      A. listening techniques
      B. paralanguage
      C. location and setting
      D. semantic influences
      E. transference and counter transference
   IV. Development of a personal counseling approach
      A. personal exploration of attitudes toward death
      B. comparison of various theories to find a personal fit
      C. write and defend a position paper
   V. Abnormal grieving
      A. difficult losses - suicide, child, newborn, homicide
      B. post-traumatic stress disorder
      C. disenfranchised losses
      D. anomic grief
      E. absent grief
      F. intractable grief
   VI Healthy recovery schemes
      A. interventions by care giving professionals
      B. holistic approaches to health and wellness
      C. alternative reinvestment of emotional bonds
      D. group approaches to recovery
      E. reinforcing the immune system
   VII. Evaluation of client progress and resolution
   Preparation for future losses
Q. LABORATORY OUTLINE: None