

STATE UNIVERSITY OF NEW YORK
COLLEGE OF TECHNOLOGY
CANTON, NEW YORK



MASTER SYLLABUS

NURS 107 Mental Health Nursing
Spring 2025

CIP Code: 51.3801

*For assistance determining CIP Code, please refer to this webpage
<https://nces.ed.gov/ipeds/cipcode/browse.aspx?y=55>
or reach out to Sarah Todd at todds@canton.edu*

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SCHOOL OF SCIENCE, HEALTH & CRIMINAL JUSTICE
Nursing
Spring 2025

- A. TITLE: Mental Health Nursing
- B. COURSE NUMBER: NURS 107
- C. CREDIT HOURS 4.5

Credit Hours: 4.5

Lecture Hours: 3 hours per Week

Lab Hours: 1 hours per Week

Clinical: 3 hours per Week

1 credit= 50 minutes of lecture or 100 minutes of practice lab per week or 150 minutes of clinical per week for 15 weeks

Course Length (# of Weeks): 15 (This course is typically condensed to a 7-week course)

- D. WRITING INTENSIVE COURSE: No

- E. GER CATEGORY: None

Does course satisfy more than one GER category? If so, which one?

- F. SEMESTER(S) OFFERED: Spring

G. COURSE DESCRIPTION: This course offers an examination of concepts and theories related to psychiatric and mental health nursing within the context of the therapeutic relationship. Aspects of primary, secondary, and tertiary prevention are addressed as a basis for promoting and sustaining optimum mental health functioning. Emphasis is placed on relationship-centered care, teamwork, quality and safety for diverse patient populations with psychiatric disorders.

- H. PRE-REQUISITES:

- i. NURS 101: Fundamentals of Nursing
- ii. NURS 103: Pharmacology I
- iii. NURS 105: Nursing Seminar
- iv. BIOL 217: Human Anatomy & Physiology I
- v. ENGL 101: Composition and the Spoken Word

CO-REQUISITES:

- i. NURS 106: Maternal Newborn Nursing
- ii. NURS 104: Pharmacology II
- iii. BIOL 218: Human Anatomy & Physiology II
- iv. PSYC 101: Introductory Psychology

I. STUDENT LEARNING OUTCOMES:

<u>Course Student Learning Outcome [SLO]</u>	<u>PSLO</u>	<u>GE R</u>	<u>ISLO</u>	<u>EPSLO</u>
Apply psychiatric-mental health concepts, theories and appropriate therapeutic interventions/communication to clients demonstrating a variety of psychiatric behaviors and disorders.	Students will apply acquired critical reasoning skills to develop, implement, and evaluate a nursing plan of care.		Critical Thinking-Critical Analysis	Students will apply acquired critical reasoning skills to develop, implement, and evaluate a nursing plan of care.
Examine effective communication and documentation skills that will establish effective professional working relationships with mental health professional, students, instructor and members of the psychiatric-mental health team.	Students will integrate legal and ethical concepts in the nursing role to advance and promote the health and well-being of culturally diverse individuals, families, groups and communities.		Foundational Skills-Information Management	The RN student will be able to demonstrate proficiency in foundational nursing skills essential for care that is safe, holistic, effective, and patient-centered across the lifespan.
Compare and contrast psychiatric disorders, and theoretical and methodological concepts of psychiatric mental health nursing when caring for clients with a variety of psychiatric disorders.	Students will maintain ethical, legal, and professional responsibilities within the Registered Nurse scope of practice and will effectively analyze and apply professional, legal, and ethical standards consistent with the Registered Nurse in		Social Responsibility-Ethical Reasoning	Students demonstrate the ability to assess ethical values and the social context of problems, recognize ethical issues, think about how different ethical perspectives might be applied to dilemmas, and consider the ramifications of decisions and actions.

	conduct and care.			
Apply psychiatric-mental health concepts, theories and appropriate therapeutic interventions/communication to clients demonstrating a variety of psychiatric behaviors and disorders.	Students will consistently analyze and apply standards of nursing practice in functioning with integrity as a safe entry level nurse		Industry, Professional, Discipline-Specific Knowledge and Skills	The RN student will prioritize patient needs, implement appropriate nursing interventions within their scope, evaluate care effectiveness, and collaborate with healthcare teams to enhance patient care outcomes, all within ethical and legal practice boundaries of the RN licensure.
Apply psychiatric-mental health concepts, theories and appropriate therapeutic interventions/communication to clients demonstrating a variety of psychiatric behaviors and disorders.	Students will utilize the nursing process to meet the caring needs of individuals experiencing an illness or loss dysfunction.		Communication -Written & Oral	By the end of the Registered Nursing (RN) program, the student will be able to demonstrate effective communication strategies to document and deliver written and oral communications that are developmentally appropriate, culturally sensitive, and comprehensive in conveying all required information to patients, families, and healthcare team members.

<p>Demonstrate legal and ethical principles within the registered nursing scope of practice unique to the Mental Health client with complex needs; holding one's self accountable for all evidence-based nursing care provided and/or delegated.</p> <p>Collaborate with the health care team, client, and significant support person(s) to maximum well-being in mental health settings to meet client's needs.</p>	<p>Students will plan and implement education activities that empower individuals, families, groups, and communities to manage their health care at the local, national, and global level.</p>			
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KEY	<u>Institutional Student Learning Outcomes</u> <u>[ISLO 1 – 5]</u>
ISLO #	ISLO & Subsets
1	Communication Skills Oral [O], Written [W]
2	Critical Thinking <i>Critical Analysis [CA] , Inquiry & Analysis [IA] , Problem Solving [PS]</i>
3	Foundational Skills <i>Information Management [IM], Quantitative Lit./Reasoning [QTR]</i>
4	Social Responsibility <i>Ethical Reasoning [ER], Global Learning [GL], Intercultural Knowledge [IK], Teamwork [T]</i>
5	Industry, Professional, Discipline Specific Knowledge and Skills

J. APPLIED LEARNING COMPONENT: Yes___X___ No_____

If Yes, select one or more of the following categories:

Classroom/Lab_X___	Civic Engagement___
Internship___	Creative Works/Senior
Project___	
Clinical Practicum_X___	Research___
Practicum___	Entrepreneurship___
Service Learning___	(program, class, project)
Community Service___	

K. TEXTS: ATI Bundle

L. REFERENCES: None

M. EQUIPMENT: Technology enhanced classroom

N. GRADING METHOD: A-F

***A grade of C+ or better** is required for successful completion of all nursing courses and a grade of C or better is required for all co-requisite courses to continue in the program. **There is no rounding of grades.**

O. SUGGESTED MEASUREMENT CRITERIA/METHODS:

- Exams
- Final Exam
- ATI Standardized Exam
- Assignments

P. DETAILED COURSE OUTLINE:

1. MENTAL HEALTH CARE IN CONTEMPORARY SOCIETY

- a. Psychiatric-Mental Health Nursing and Evidenced-Based Practice
- b. Mental Health and Mental Disorders
- c. Cultural and Spiritual Issues Related to Mental Health Care
- d. Patient Rights and Legal Issues
- e. Mental Health Care in the Community

2. FOUNDATIONS OF PSYCHIATRIC NURSING

- a. Ethics, Standards, and Nursing Frameworks
- b. Psychosocial Theoretic Basis of Psychiatric Nursing
- c. Biologic Foundations of Psychiatric Nursing

3. CONTEMPORARY PSYCHIATRIC NURSING PRACTICE

- a. Communication and the Therapeutic Relationship
- b. The Psychiatric Nursing Process
- c. Psychopharmacology, Dietary Supplements and Biologic Interventions
- d. Cognitive Interventions
- e. Group Interventions
- f. Family Assessment and Interventions

4. MENTAL HEALTH PROMOTION ACROSS THE LIFESPAN

- a. Mental Health Promotion for Children and Adolescents
- b. Mental Health Promotion for Young and Middle-Aged Adults
- c. Mental Health Promotion for Older Adults

5. PREVENTION OF MENTAL DISORDERS

- a. Stress and Mental Health
- b. Management of Anger, Aggression and Violence
- c. Crisis, Grief, and Disaster Management
- d. Suicide Prevention

6. CARE AND RECOVERY FOR PERSONS WITH PSYCHIATRIC DISORDERS

- a. Schizophrenia Spectrum and other Psychotic Disorders

- b. Depression
- c. Bipolar Disorders
- d. Anxiety, Obsessive-Compulsive, Trauma and Stressor-Related Disorders
- e. Personality disorders
- f. Borderline Personality Disorder
- g. Antisocial Personality and Other Personality and Impulse-Control Disorders
- h. Somatic Symptom and Related Disorders
- i. Eating Disorders
- j. Addiction and Substance-Related Disorders
- k. Sleep-Wake Disorders
- l. Sexual Disorders

7. CARE OF CHILDREN AND ADOLESCENTS WITH PSYCHIATRIC DISORDERS DIAGNOSED IN CHILDHOOD

- a. Mental Health Assessment of Children and Adolescents
- b. Psychiatric Disorders of Childhood and Adolescence

8. CARE OF OLDER ADULTS WITH NEUROPSYCHIATRIC DISORDERS

- a. Mental Health Assessment of Older Adults
- b. Neurocognitive Disorders

9. CARE OF SPECIAL POPULATIONS

- a. Caring for Persons Who are Homeless and Mentally Ill
- b. Caring for Persons with Co-occurring Mental Disorders
- c. Caring for Survivors of Violence
- d. Caring for Persons with Mental Illness and Criminal Behavior

10. CULTURAL AND SPIRITUAL CONSIDERATIONS

Q.

LABORATORY OUTLINE:

- 1. Reconstituting Medications
- 2. Complex Sterile Dressings
- 3. Parenteral Medications
- 4. Schizophrenia Learning Activity
- 5. Safety Simulation