

STATE UNIVERSITY OF NEW YORK

**COLLEGE OF TECHNOLOGY
CANTON, NEW YORK**

COURSE OUTLINE

PHTA 100 Introduction to Physical Therapy

PREPARED BY: Deborah Molnar

SCHOOL OF SCIENCE, HEALTH, AND CRIMINAL JUSTICE

**Physical Therapist Assistant Program
Revised May 2015**

PHTA 100 INTRODUCTION TO PHYSICAL THERAPY

- A. **TITLE:** Introduction to Physical Therapy
- B. **COURSE NUMBER:** PHTA 100
- C. **CREDIT HOURS:** 2
- D. **WRITING INTENSIVE COURSE:** No
- E. **COURSE LENGTH:** 15 weeks
- F. **SEMESTER OFFERED:** Fall semester
- G. **HOURS OF LECTURE, LABORATORY, RECITATION, TUTORIAL, ACTIVITY:** 2 hours lecture per week

H. **CATALOG DESCRIPTION:**

Fall - two credit hours

This course is designed to introduce and acclimate students to the Physical Therapist Assistant program, and the physical therapy profession. Students are introduced to the discipline of physical therapy including history and philosophies. They receive introduction to a variety of practice settings and the team approach to rehabilitation. Students are familiarized with the Guide to Physical Therapist Practice and uniform terminology. Students receive an introduction to the basic principles of medical terminology, physical therapy documentation, and reimbursement. Scope of practice, the New York State Practice Act, ethical standards of conduct of the physical therapist assistant and the core values of physical therapy are identified and discussed. Cultural awareness is discussed and students begin to learn about interaction with individuals from cultures different than their own.

I. **PRE-REQUISITES/CO-REQUISITES:**

Pre-requisites: Enrolled in PTA curriculum

Co-requisites: None

J. **GOALS (STUDENT LEARNING OUTCOMES):** By the end of this course, the student will:

<i>Course Objective</i>	<i>Institutional SLO</i>
1. Identify key elements of the history and values that guide the profession of physical therapy;	#3 Prof Comp
2. Identify behavioral expectations for a healthcare provider, including ethical standards for the PTA.	#3 Prof Comp
3. Identify unique characteristics of various physical therapy settings.	#3 Prof Comp
4. Describe the education, role and scope of practice of the physical therapist assistant according to State Practice Acts and the APTA;	#3 Prof Comp
5. Identify the roles of other members of the health care	#3 Prof Comp

team and how they coordinate with physical therapy;	
6. Identify components of Nagi's disablement model/ICF model and the five essential elements of patient/client management in physical therapy;	#3 Prof Comp
7. Describe fiscal aspects of physical therapy including coding, managed care, third party payer requirements, and continuous quality improvement;	#3 Prof Comp
8. Recall principles and guidelines for documenting in a legal record;	#1 Communication #3 Prof Comp
9. Identify and define basic medical terminology including prefixes, suffixes, word roots, combining vowels and abbreviations;	#3 Prof Comp
10. Describe own cultural identity and that of other cultures to begin to develop cultural awareness.	#3 Prof Comp #4 Inter-Intra Pers Skills
11. Demonstrate awareness of values-based behavior as a guide to the core values of physical therapy.	#3 Prof Comp #4 Inter-Intra Pers Skills
12. Develop a basic understanding of healthcare literature and evidence based practice.	#1 Communication #3 Prof Comp
13. Explain the purpose of the Problem Solving Algorithm for the PTA.	#3 Prof Comp
14. Identify multiple resources and apply appropriate strategies to be successful in a healthcare curriculum.	#1 Communication #2 Critical Thinking #3 Prof Comp #4 Inter-Intra Pers Skills

K. TEXTS:

Erickson and McKnight (2012) *Documentation Basics*, Thorofare, NJ: SLACK Inc.
Physical Therapist Assistant Program Student Handbook, SUNY Canton.

L. REFERENCES:

Gyls, B.A. and Wedding (2013) *Medical Terminology, A Body Systems Approach*, Philadelphia: F.A Davis.
 Davis, C (2011) *Patient Practitioner Interaction*, Thorofare, NJ: Slack Inc.
Guide to Physical Therapist Practice 3.0, American Physical Therapy Association, 2014 (online only @ <http://www.apta.org>).
 Purtilo, R, and Haddad, A (2002) *Health Professional and Patient Interaction*, Philadelphia: Saunders.
 Royeen & Crabtree (2006) *Culture in Rehabilitation*, New Jersey: Pearson Prentice Hall.
 Lattanzi & Purnell (2006) *Developing Cultural Competence in Physical Therapy Practice*, Philadelphia: FA Davis.
 Salimbene, S. (2000) *What Language Does Your Patient Hurt In?*, Rockford, IL: EMC Paradigm.

Websites:

American Physical Therapy Association <http://www.apta.org/>
 New York State Physical Therapy Association <http://www.nypta.org/>
 Office of the Professions <http://www.op.hysed.gov./pt.htm>

N. GRADING METHOD:

Students will be assigned a letter grade based on the college grading system A-F
A grade of C+ or 75% is considered passing for all PTA students.

Conversion of a number to a letter grade is as follows:

A	=	90-100
B+	=	86-89
B	=	80-85
C+	=	75-79
C	=	70-74
D+	=	65-69
D	=	60-64
F	=	below 60

O. MEASUREMENT CRITERIA/METHODS:

Exams/quizzes, homework assignments, group projects/presentations, research report, self-assessment/reflections.

P. DETAILED COURSE OUTLINE:

I. Introduction to the Course/PTA Program

- A. Course Overview
- B. Program Orientation
- C. Success Strategies
- D. College Resources

II. The Physical Therapy Profession

- A. History of Physical Therapy
- B. The APTA
- C. Physical Therapy Settings
- D. The Healthcare Team

II.. Documentation/The Guide to PT Practice

- A. Introduction to Documentation/medical terminology
- B. Principles and Guidelines for documenting in a legal record
- C. Documentation responsibilities
- D. ICF & Nagi's Disablement model
- E. Patient/Client Management

III. Information Literacy

- A. Orientation to library resources
- B. Research Guides
- C. Evidence Based Practice

- III.** Legal and Fiscal Aspects of Physical Therapy
 - A. APTA Guidelines
 - B. NYS and Federal Laws governing PT
 - C. Informed Consent
 - D. Reimbursement
 - E. HIPAA

- IV.** Ethical Aspects of Physical Therapy/Patient Practitioner Interaction
 - A. Standards of Ethical Conduct for the PTA
 - B. Value Systems and Beliefs
 - C. Values Based Behaviors
 - D. Cultural Awareness

Q. **LABORATORY OUTLINE:** N/A