

**STATE UNIVERSITY OF NEW YORK  
COLLEGE OF TECHNOLOGY  
CANTON, NY**



**COURSE OUTLINE  
LEADERSHIP FOR SPORTS PROFESSIONALS  
SPMT 203**

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**SCHOOL SCIENCE, HEALTH, AND CRIMINAL JUSTICE  
Sports Management  
Revised: May 2015**

**SPMT 203  
LEADERSHIP FOR SPORTS PROFESSIONALS**

- A. TITLE:** Leadership for Sports Professionals
- B. COURSE NUMBER:** SPMT 203
- C. CREDIT HOURS:** 3
- D. WRITING INTENSIVE COURSE:** Yes
- E. COURSE LENGTH:** 15 weeks
- F. SEMESTER(S) OFFERED:** Fall/Spring
- G. HOURS OF LECTURE, LABORATORY, RECITATION, TUTORIAL, ACTIVITY:** Three lecture hours per week.

**H. CATALOG DESCRIPTION:** .

This course will first introduce students to theories, approaches, and styles of leadership, as well as, the role that ethics and ethical decision making play in shaping leader behavior. Students will analyze leadership practices within different sport settings. Case studies of sport leaders from multiple sport levels and structures will be used to examine best practices in sport leadership. Critical issues in sport leadership such as gender and ethnicity will be examined as well. Students will also begin to explore their own leadership thoughts and tendencies and emphasis will be placed on the promotion of personal leadership development with a focus towards successful sport leadership.

**I. PRE-REQUISITIES/CO-COURSES:**

- a.) Pre-requisites:(SPMT 101) SPMT 101 & 30 earned credits or permission of instructor
- b.) Co-requisites: None

**J. GOALS (STUDENT LEARNING OUTCOMES):**

**By the end of this course, the student will be able to:**

<b><i>Course Objective</i></b>	<b><i>Institutional SLO</i></b>
a. Discuss the attributes or behaviors associated with different theories and styles of leadership and analyze their effectiveness in different sport settings	2. Crit. Thinking 3. Prof. Competence
b. Examine the role of ethics in leadership and apply to various sport leadership roles and settings	2. Crit. Thinking 4. Inter-intrapersonal
c. Discuss the role gender and ethnicity play in leadership and leadership styles, behaviors and attitude and examine the influence of gender and ethnicity stereotypes on leadership development and leaders in sport settings	2. Crit. Thinking 3. Prof. Competence 4. Inter-intrapersonal
d. Define transformational leadership and discuss its application and value within various sports settings	2. Crit. Thinking 3. Prof. Competence
e. Recognize behaviors associated with ineffective or bad leadership and identify examples within various sport settings	2. Crit. Thinking 3. Prof. Competence
f. Discuss the impact that sport leadership, either good or bad, has on different sport participants and stakeholders	2. Crit. Thinking 3. Prof. Competence
g. Recognize and self-assess their potential as an effective sport professional leader and identify and express their own areas of needed development	1. Communication 2. Crit. Thinking 3. Prof. Competence 4. Inter-intrapersonal

**K. TEXTS: N/A**

**Course Packs used for course material and weekly assigned readings.**

**L. REFERENCES:**

Pierce, J. & Newstrom, J. (2008). Leaders and the leadership process. (5<sup>th</sup> ed.). New York: Mcgraw Hill.

Bennis, W. (1989). On becoming a leader. New York: Addison Wesley.

Brooks, D. & Althouse, R. (2007). Diversity and social justice in college sports. Morgantown, WV.: Fitness Information Technology.

Cashman, K. (2001). Leadership from the inside out. Provo, UT: Executive Excellence Publishing.

Eguaoje, T. (2004). Bridging the gender gap in sport leadership. :Tate Publishing.

Feinstein, J. (1989). A season on the brink. New York: Simon & Schuster.

Kouzes, J. & Posner, B. (2003). The leadership practices inventory. (3<sup>rd</sup> ed.). San Francisco, CA: Jossey-Bass.

Maxwell, J. (1993). Developing the leader within you. Nashville, TN: Thomas Nelson, Inc.

Wooden, J. & Jamison, S. (2005). Wooden on leadership. New York: McGraw Hill.

**M. EQUIPMENT: Technology Enhanced Classroom**

**N. GRADING METHOD: A-F**

**O. MEASUREMENT CRITERIA/METHODS:**

- Participation in class discussion and activities
- Leadership Case Studies
- Assigned Books - Quizzes
- Critical Thinking Game Tickets

**P. DETAILED COURSE OUTLINE:**

**I. Introduction and Overview**

- a. Discussion of course expectations, objectives and outcomes
- b. Overview of class schedule, class expectations, grading.

**II. What is Leadership – Who are Leaders in Sports Settings**

- a. Definitions of leadership
- b. Components; Leader, Follower and Situation
- c. Importance of leadership in sport professions

**III. Theories and Styles of Leadership**

- a. Different theories will be introduced along with leadership styles and associated behavioral traits
- b. Theories and styles will be compared and contrasted in application to sport settings
- c. Leadership styles of current and former sport leaders will be examined through case studies and best practices identified

**IV. Leadership Traits, Attributes and Behaviors**

- a. Examine traits, attributes, and behaviors identified in literature as most associated with effective leadership
- b. Emotional Intelligence
- c. What are the traits, attributes, and behaviors we see in sport leadership

## **V. Leadership and Change**

- a. Leadership as a change process
- b. Human responses to change

## **VI. Gender and Race in Leadership**

- a. Gender and Race Leadership Stereotypes are examined
- b. What role does gender or race play now in leadership
- c. What role does gender or race play in leadership in sport settings

## **VII. Leadership and Power**

- a. Leadership is power
- b. How effective leaders use power
- c. Leader abuse of power
- d. Leadership and power in sport settings

## **VIII. Ethics in Sport Leadership and the Darkside of Leadership**

- a. Ethical issues germane to sport and sport leadership settings – cheating in sports, drug use in sport, pass for play, violence and aggression in sport, physical and sexual abuse and others will be examined
- b. Moral and ethical responsibilities of sport leaders and participants
- c. Ethical decision making for leaders in the sport environment
- d. Effects of competition and pressure to win on ethical decision making

## **IX. Leadership and Followers - Followership**

- a. Dynamic relationship between leader and follower will be examined along with related components such as goal setting, motivation, and relationship building
- b. How to be a good follower

## **X. Transformational Leadership**

- a. Introduction to the ideals and practice of transformational leadership
- b. Transformational leadership in sport settings

## **XI. Critical Issues in Sport Leadership**

- a. Gender and minority gap in sport leadership roles
- b. Pressures of winning and stakeholder influences
- c. Civility and sportsmanship in sport

## **XII. Developing the Sport Leader**

- a. Becoming sensitive to moral and ethical issues in sport for sport leadership
- b. What kind of leadership have you best responded to in your own sport experiences or other leader-follower settings
- c. Creating a leadership philosophy and profile based on knowledge learned from class
- d. Model the Way
- e. Understanding the importance of sport leaders modeling behavior they desire