SUNY CANTON BT: HEALTH AND FITNESS PROMOTION (2254) **CURRICULUM CHECK SHEET: FALL 2024**

| 1st Semester – Fall = 16 Cr | edits | Terr | Grade Students need to pass a total of 3 | 0 GER |
|--|---|----------|--|---------------|
| HEFI/HLTH/PHTA/BSAD | L/L Program Elective | 3 | credits. Categories 1-5 are require | |
| BIOL 217 | Anatomy & Physiology I (GER 5) | 4 | students choose three different of the remaining categories. | ERs from |
| ENGL 101 | Composition & The Spoken Word (GER 1/2) | 3 | Required Categories SE | M CR |
| PSYCH 101 | Introduction to Psychology (GER 7) | 3 | (1) Communication: Written | |
| | GER (6,8,9,10,11) | 3 | | |
| 2 nd Semester – Spring = 16 | | | (2) Communication: Oral | 1 |
| HEFI/HLTH/PHTA/BSAD | L/L Program Elective | 3 | | |
| BIOL 218 | Anatomy & Physiology II | 4 | (3) Diversity: Equity, Inclusion, So Justice | ocial |
| | Math (GER 4)* | 3-4 | Justice | |
| | DEISJ Elective (GER 3) | 3 | (4) Mathematics & Quantitative | Reason. |
| | GER (6,8,9,10,11) | 3 | (4) Mathematics & Quantitative | |
| 3 rd Semester – Fall = 16 Cro | | | (5) Natural Science & Scientific | Reason. |
| HEFI/HLTH/PHTA/BSAD | L/L Program Elective | 3 | (5) Natural Science & Scientific | iteason. |
| PSYC 225 | Human Development | 3 | (6) Humanities | |
| | · · · · · · · · · · · · · · · · · · · | 3 | (b) Humanities | |
| ACCT 101 OR PHYS 121 & 125 | Foundations of Financial Accounting OR | 4 | (7) Contal Catalan | |
| PHYS 121 & 125 | College Physics I & Lab | | (7) Social Science | 1 |
| | General Elective | 3 | Intro to Psychology | |
| | General Elective | 3 | (2) 77 | |
| 4th Semester – Spring = 15 | | | (8) The Arts | - |
| HEFI/HLTH/PHTA/BSAD | L/L Program Elective | 3 | | |
| HEFI 203 OR PHTA 205 | Motor Development OR | 3-4 | (9) US History & Civil Engagement | 1 |
| | Neuromuscular Pathologies | | | |
| HEFI 300 OR PHTA 102 | Biomechanics OR Kinesiology | 3 | (10) World History & Global Award | eness |
| BSAD 201 OR | Business Law I OR | 3-4 | | |
| PHYS 122/126 | College Physics II & Lab | J ' | (11) World Languages | |
| | General Elective (must be U/L if needed) | 3 | | |
| 5 th Semester – Fall = 15-16 | 5 Credits | | REPEATED CATEGORIES | |
| HEFI 303 | Exercise Physiology | 3 | | |
| CHEM 150 OR | College Chemistry I OR | 3-4 | | |
| BSAD 301 | Principles of Management | 3-4 | | |
| MATH 141 | Statistics | 3 | | |
| | General Elective | 3 | *Students who wish to pursue a D | PT |
| | General Elective (must be U/L if needed) | 3 | Or wish to take Physics must take | |
| 6th Semester - Spring = 16 | , , , , , , , , , , , , , , , , , , , | <u> </u> | College Algebra (MATH 121) for | |
| CHEM 155 OR | College Chemistry II OR | | Their required GER Math | |
| SPMT 306 | Sports Operations & Facilities Management | 3-4 | | |
| HEFI 401 | Fitness Assessment & Exercise Prescription | 4 | | |
| | | 3 | ADVICING NOTES | |
| HEFI 375 | Fitness and Sports Nutrition | | ADVISING NOTES | |
| HEFI 405 | Current Issues in Health & Fitness (WI) | 3 | | |
| T-1 | General Elective | 3 | | |
| 7 th Semester – Fall = 13 | 151 11 11 11 11 11 11 | | | |
| | General Elective (must be U/L if needed) | 3 | | |
| HEFI 406 | Orientation to Culminating Experience | 1 | | |
| HEFI 404 | Organization & Administration in Heath Pro. | 3 | | |
| HEFI 402 | Strength and Conditioning | 3 | | |
| | U/L Program Elective | 3 | | |
| 8th Semester – Spring = 12 | | | | |
| | Health & Fitness Internship (407) and/or | 12- | | |
| | U/L Program Electives | 15 | | |
| HEFI 407 | Internship and/or | | | |
| | U/L PE | | | |
| | TOTAL CREDITS MUST REACH 120-124 | | Pavis | d April 202 |
| | ves (other courses may be accepted for upper level proj | | | .a April 2025 |

| Suggested Brogram Floctives | Inthor | COLLEGGE P | nav ha | accontod | forunna | r lovol program | m alactis | inc with an | nroval from | Drogram Diroctor |
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| Suggested Program Electives | (Other | courses i | IIay be a | accepteu | ioi uppei | ievei piugiai | II EIECUN | ves with ap | pi ovai ii oiii | riugiaili Dilectui |
| | | | | | | | | | | |

| HEFI 310 | Advanced Care and Prevention of Athletic Injuries | PSYC 320 | Psychology of Health & Fitness |
|-----------------|---|----------|--|
| HEFI 403 | Community Wellness | HLTH 303 | Occupational Health & Safety |
| HEFI 408 | Exercise Prescription for Special Populations | BIOL 310 | The Genome |
| HEFI 409 | Applied Exercise Prescription | BIOL 325 | Biology in Society |
| HEFI 410 | Applied Strength & Conditioning | BIOL 335 | Pathophysiology |
| SPMT 306 | Sports Operations and Facilities Management | SSCI 315 | Death, Dying & Bereavement |
| SPMT 330 | Psychology of Sport & Exercise | SSCI 370 | Research Methods in Social & Health Sciences |
| SOCI 320 | Sociology of Health, Illness & Healthcare | | |