4st O Fall	CORRICULUM CHE	-01(0		Ounds		FALL 20	
1 st Semester – Fall		1 0	Term	Grade	Students need to pass a credits with a course in		
DIOL 017	L/L Program Elective (HLTH, HEFI, PHTA, BSAD)	3			10 categories –	at least 7 Oi	uie
BIOL 217	GER Anatomy & Physiology I (2)	4			10 tategories		
ENGL 101	GER Expository Writing OR	3			0-1	Sem. passed	
ENGL 102	Oral & Written Expression (10)	0			Category	passeu	Cr
PSYCH 101	GER – Introduction to Psychology (3)	3			(1) Math		
and a	GER/Lib Arts – (4,5,6,7,9)	3			(2) Science		
2 nd Semester – Spr			1		(3) Social Science		
D101 010	L/L Program Elective (HLTH, HEFI, PHTA, BSAD)	3			(4) American History		
BIOL 218	Anatomy & Physiology II	4			(5) West. Civ.		
GER MATH	Math GER (1)*	4			(6) Other World		
	GER/Lib Arts (4,5,6,7,9)	3			(7) Humanities		
	GER/Lib Arts (4,5,6,7,9)	3			(8) The Arts		ļ
3 rd Semester – Fall :					(9) Foreign Language		
	L/L Program Elective (HLTH, HEFI, PHTA, BSAD)	3			(10) Communication		
PSYC 225	Human Development	3					
ACCT 101 or	Foundations of Financial Accounting OR	4			Additional GER Credits I	Passed	
PHYS 121 & 125	College Physics I & Lab						
	GER/Lib Arts (1-9)	3					
	GER/Lib Arts (1-9)	3					
4th Semester - Spri	ng = 15-17 Credits						
	L/L Program Elective (HLTH, HEFI, PHTA, BSAD)	3					
HEFI 203 or	Motor Development OR	0.4					
PHTA 103	Neuromuscular Pathologies	3-4					
PHTA 102	Kinesiology	3					
BSAD 201 or	Business Law I OR						
PHYS 122& 126	College Physics II & Lab	3-4					
	GER (1-9) (must be U/L if needed)	3					
5th Semester - Fall			<u> </u>		TOTAL GER CREDITS		
	Legal Aspects and Documentation in Health &						
HEFI 404	Fitness Professions	3					
CHEM 150 or	College Chemistry I OR						
BSAD 301	Principles of Management	3-4					
MATH 141	Statistics	3					
1017 (1111 1 1 1 1	General Elective	3			ADVISING NOTES		
	General Elective (must be U/L if needed)	3			* Students who wis	h to nursu	
6th Semester - Spri					the science track or		
CHEM 155 or	College Chemistry II OR	I	1		to pursue a DPT or		
SPMT 306	Sports Operations & Facilities Management	3-4			Physics must take (\e
HEFI 303		2			Algebra (Math 121)		
	Exercise Physiology	3					
HEFI 375	Fitness and Sports Nutrition	3			required GER Math	•	
HEFI 405	Current Issues in Health & Fitness (WI)	3					
7th 0	General Elective (must be U/L if needed)	3	<u> </u>				
7th Semester – Fall :		_					
HSMB 330	Grant Writing Strategies	2					
HEFI 406	Orientation to Culminating Experience	1					
HEFI 401	Fitness Assessment & Exercise Prescription	4					
	U/L Program Elective	3					
	U/L Program Elective	3					
8th Semester - Spri							
•	Health & Fitness Internship (407) and /or U/L	12-					
	Program Electives	15					
HEFI 407	Internship						
TIETT-FOT	U/L Program Elective		İ				
	U/L Program Elective	1					
	U/L Program Elective						
	U/L Program Elective	1					
	U/L Program Elective	1					
	TOTAL CREDITS 122	1			Revised 1/9/15		
	IPPER I EVEL PROGRAM ELECTIVES	1	1		11041300 1/3/13		

UPPER LEVEL PROGRAM ELECTIVES

Suggested Program Electives (other upper level courses may be accepted with approval from Program Director)
HEFI 310 Advanced Care and Prevention of Athletic Injuries HEFI 402 Strength and Conditioning

HEFI 310 Advanced Care and Prevention of Athletic Injuries HEFI 320/PSYC 320 Psychology of Health and Fitness

HEFI 403 Community Wellness

HEFI 375 Fitness and Sports Nutrition

HEFI 408 Exercise Prescription for Special Populations

HSMB 303 Occupational Health & Safety

Certified for Graduation:			
_	Advisor Signature	Date	