

**SUNY CANTON BT: HEALTH AND FITNESS PROMOTION (2254)  
CURRICULUM CHECK SHEET**

**FALL 2017**

1 <sup>st</sup> Semester – Fall = 16 Credits			Term	Grade	Students need to pass a total of 30 GER credits with a course in at least 7 of the 10 categories –	Category	Sem. passed	Cr
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	2-3						
BIOL 217	GER Anatomy & Physiology I (2)	4						
ENGL 101	Composition and the Spoken Word (10)	3						
PSYC 101	GER – Introduction to Psychology (3)	3						
	GER/Lib Arts – (4,5,6,7,9)	3						
<b>2<sup>nd</sup> Semester – Spring = 17 Credits</b>								
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3						
BIOL 218	Anatomy & Physiology II	4						
GER MATH	Math GER (1)*	4						
	GER/Lib Arts (4,5,6,7,9)	3						
	GER/Lib Arts (4,5,6,7,9)	3						
<b>3<sup>rd</sup> Semester – Fall = 16 Credits</b>								
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3						
PSYC 225 or 220	Human Development	3						
ACCT 101 or PHYS 121 & 125	Foundations of Financial Accounting OR College Physics I & Lab	4						
	GER/Lib Arts (1-9)	3						
	GER/Lib Arts (1-9)	3						
<b>4<sup>th</sup> Semester – Spring = 15-17 Credits</b>								
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3						
HEFI 203 or PHTA 103	Motor Development OR Neuromuscular Pathologies	3-4						
PHTA 102	Kinesiology	3						
BSAD 201 or PHYS 122 & 126	Business Law I OR College Physics II & Lab	3-4						
	GER (1-9) (must be U/L if needed)	3						
<b>5<sup>th</sup> Semester – Fall = 15-16 Credits</b>								
HEFI 404	Legal Aspects and Documentation in Health & Fitness Professions	3						
CHEM 150 or BSAD 301	College Chemistry I OR Principles of Management	3-4						
MATH 141	Statistics	3						
	General Elective	3						
	General Elective (must be U/L if needed)	3						
<b>6<sup>th</sup> Semester – Spring = 15-16 Credits</b>								
CHEM 155 or SPMT 306	College Chemistry II OR Sports Operations & Facilities Management	3-4						
HEFI 303	Exercise Physiology	3						
HEFI 375	Fitness and Sports Nutrition	3						
HEFI 405	Current Issues in Health & Fitness (WI)	3						
	General Elective (must be U/L if needed)	3						
<b>7<sup>th</sup> Semester – Fall = 13</b>								
HSMB 330	Grant Writing Strategies	2						
HEFI 406	Orientation to Culminating Experience	1						
HEFI 401	Fitness Assessment & Exercise Prescription	4						
	U/L Program Elective	3						
	U/L Program Elective	3						
<b>8<sup>th</sup> Semester – Spring = 12-15 Credits</b>								
	Health & Fitness Internship (407) and/or U/L Program Electives	12-15						
HEFI 407	Internship							
	U/L Program Elective							
	U/L Program Elective							
	U/L Program Elective							
	U/L Program Elective							
	U/L Program Elective							
	<b>TOTAL CREDITS 121-122</b>							

**Additional GER Credits Passed**

**TOTAL GER CREDITS**

**ADVISING NOTES**

\* Students who wish to pursue the science track or are planning to pursue a DPT or wish to take Physics must take College Algebra (Math 121) for their required GER Math.

*Revised 4/16*

**UPPER LEVEL PROGRAM ELECTIVES**

**Suggested Program Electives (other upper level courses may be accepted with approval from Program Director)**

HEFI 310 Advanced Care and Prevention of Athletic Injuries  
HEFI 320/PSYC 320 Psychology of Health and Fitness  
HEFI 375 Fitness and Sports Nutrition  
HSMB 303 Occupational Health & Safety

HEFI 402 Strength and Conditioning  
HEFI 403 Community Wellness  
HEFI 408 Exercise Prescription for Special Populations

Certified for Graduation: \_\_\_\_\_

Advisor Signature

Date