

**SUNY CANTON BT: HEALTH AND FITNESS PROMOTION (2254)
CURRICULUM CHECK SHEET**

FALL 2018

1st Semester – Fall = 16 Credits			Term	Grade	Students need to pass a total of 30 GER credits with a course in at least 7 of the 10 categories –																																	
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3				<table border="1"> <thead> <tr> <th>Category</th> <th>Sem. passed</th> <th>Cr</th> </tr> </thead> <tr> <td>(1) Math</td> <td></td> <td></td> </tr> <tr> <td>(2) Science</td> <td></td> <td></td> </tr> <tr> <td>(3) Social Science</td> <td></td> <td></td> </tr> <tr> <td>(4) American History</td> <td></td> <td></td> </tr> <tr> <td>(5) West. Civ.</td> <td></td> <td></td> </tr> <tr> <td>(6) Other World</td> <td></td> <td></td> </tr> <tr> <td>(7) Humanities</td> <td></td> <td></td> </tr> <tr> <td>(8) The Arts</td> <td></td> <td></td> </tr> <tr> <td>(9) Foreign Language</td> <td></td> <td></td> </tr> <tr> <td>(10) Communication</td> <td></td> <td></td> </tr> </table>	Category	Sem. passed	Cr	(1) Math			(2) Science			(3) Social Science			(4) American History			(5) West. Civ.			(6) Other World			(7) Humanities			(8) The Arts			(9) Foreign Language			(10) Communication	
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BIOL 217	GER Anatomy & Physiology I (2)	4																																				
ENGL 101	GER Composition and the Spoken Word(10)	3																																				
PSYCH 101	GER – Introduction to Psychology (3)	3																																				
	GER/LA – (4,5,6,7,9)	3																																				
2nd Semester – Spring = 17 Credits																																						
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3																																				
BIOL 218	Anatomy & Physiology II	4																																				
GER MATH	Math GER (1)*	4																																				
	GER/LA (4,5,6,7,9)	3																																				
	GER/LA (4,5,6,7,9)	3																																				
3rd Semester – Fall = 16 Credits																																						
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3																																				
PSYC 225	Human Development	3																																				
ACCT 101 or PHYS 121 & 125	Foundations of Financial Accounting or College Physics I & Lab	4																																				
	GER/LA (1-9)	3																																				
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4th Semester – Spring = 15-17 Credits																																						
HEFI/HLTH/PHTA/BSAD	L/L Program Elective	3																																				
HEFI 103 or PHTA 205	Motor Development or Neuromuscular Pathologies	3-4																																				
PHTA 102	Kinesiology	3																																				
BSAD 201 or PHYS 122 & 126	Business Law I or College Physics II & Lab	3-4																																				
	GER (1-9) (must be U/L if needed)	3																																				
5th Semester – Fall = 15-16 Credits																																						
HEFI 303	Exercise Physiology	3																																				
CHEM 150 or BSAD 301	College Chemistry I or Principles of Management	3-4																																				
MATH 141	Statistics	3																																				
	General Elective	3																																				
	General Elective (must be U/L if needed)	3																																				
6th Semester – Spring = 15-16 Credits																																						
CHEM 155 or SPMT 306	College Chemistry II or Sports Operations & Facilities Management	3-4																																				
HEFI 401	Fitness Assessment & Exercise Prescription	4																																				
HEFI 375	Fitness and Sports Nutrition	3																																				
HEFI 405	Current Issues in Health & Fitness (WI)	3																																				
	General Elective (must be U/L if needed)	3																																				
7th Semester – Fall = 13																																						
HLTH 330	Grant Writing Strategies	2																																				
HEFI 406	Orientation to Culminating Experience	1																																				
HEFI 404	Legal Aspects and Documentation in Health & Fitness Professions	3																																				
	U/L Program Elective	3																																				
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8th Semester – Spring = 12-15 Credits																																						
	Health & Fitness Internship (407) and /or U/L Program Electives	12-15																																				
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	U/L Program Elective																																					
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	TOTAL CREDITS 122																																					

Additional GER Credits Passed

TOTAL GER CREDITS

ADVISING NOTES

* Students who wish to pursue the science track or are planning to pursue a DPT or wish to take Physics must take College Algebra (Math 121) for their required GER Math.

Revised 02/05/14

UPPER LEVEL PROGRAM ELECTIVES

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|---|---|
| HEFI 310 Adv. Cares and Prevention of Athletic Injuries | HLTH 303 Occupational Health and Safety |
| HEFI 320 Psychology of Health and Fitness | SSCI 370 Research Methods in Social and Health Sciences |
| HEFI 402 Strength & Conditioning | |
| HEFI 403 Community Wellness | |
| HEFI 408 Exercise Prescription for Special Populations | |