

MEET YOUR COORDINATORS



Amanda Crump, EAP
Coordinator since 2019

College Accountant

Email: crumpa@canton.edu



Kristen Roberts, EAP
Coordinator since 2019

Director of Student Conduct

Email: robertsk@canton.edu

24 hours a day, 7 days a week you can
contact:

NYS Employee Assistance Hotline:
1-800-822-0244

- NYS Emotional Support Line: 1-844-863-9314
- Crisis Text Line: Text "Got5" to 741-741
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- NYS HOPEline: 24/7 Help with Addiction, Substance Use, and Gambling Call 877-846-7369 or Text HOPENY (467369)
- NYS Domestic Violence Hotline: 1-800-942-6906
- NYS Domestic Violence Text Line: 1-844-997-2121

EAP

help. when you need it.

SUNY CANTON EAP COMMITTEE MEMBERS:

TINA FLANAGAN, CHAIR
JAMIE BURGESS
JESSIE CARR
NICOLE FULLERTON
BRIAN KURISH
FARREN LOBDELL
JANET PARCELL
LENORE VANDERZEE

REGIONAL REPRESENTATIVE:
GREGG DICKERSON
518-873-3201
GREGG.DICKERSON@EAP.NY.GOV

EMPLOYEE ASSISTANCE PROGRAM (EAP)



SUNY Canton

Tel: 315-386-7404
Payson Hall, Room 207
34 Cornell Drive
Canton, NY 13617
eapcoordinator@canton.edu

Or, you can contact
NYS Employee Assistance Hotline:
1-800-822-0244
24 hours a day/7 days a week

WHAT IS EAP?

EAP IS A VOLUNTARY, CONFIDENTIAL ASSESSMENT AND REFERRAL PROGRAM THAT PROVIDES SERVICES AS REQUESTED BY EMPLOYEES. EAP IS A BENEFIT OFFERED TO YOU AND YOUR FAMILY MEMBERS.

IT IS A VOLUNTARY PROGRAM DESIGNED TO OFFER A HIGHLY PROFESSIONAL, CONFIDENTIAL SOURCE OF HELP FOR PEOPLE WHO NEED ASSISTANCE WITH PERSONAL PROBLEMS OR CONCERNS.

CONFIDENTIAL

Confidentiality is paramount. The only exceptions are:

- ◆ When information is required by law;
- ◆ When a person is likely to harm him/herself or others;
- ◆ When a workplace rule is broken.

SERVICES MAY INCLUDE:

- ◆ MENTAL HEALTH—INCLUDING ANXIETY AND DEPRESSION
- ◆ RELATIONSHIP CONFLICTS (BOTH AT WORK OR HOME)
 - ◆ WORKPLACE PERFORMANCE ISSUES
 - ◆ GAMBLING
 - ◆ SUBSTANCE ABUSE
 - ◆ GRIEF
 - ◆ HEALTH & WELLNESS
 - ◆ FINANCES
 - ◆ ELDER CARE
 - ◆ PARENTING/FAMILY
 - ◆ DOMESTIC VIOLENCE
 - ◆ LEGAL ISSUES
 - ◆ CHILDCARE
 - ◆ STRESS MANAGEMENT
 - ◆ CONFLICT/ANGER

EAP PROVIDES INFORMATION, ASSESSMENT & REFERRAL SERVICES AND SUPPORT FOR ANY OF THE ABOVE; NOT ONLY FOR YOU BUT ALSO FOR ANY OF YOUR FAMILY MEMBERS!

