



CANTON CARES

Dear Student,

The Canton Cares Committee would like to offer you some assistance and comfort during your time in quarantine/isolation. The committee is comprised of a group of caring staff and faculty who want each student to know that we understand how difficult it can be in isolation and that we care about your well-being and comfort during this time. We know there are a number of challenges and we are pitching in to help make your time a little more bearable. This quarantine goody bag is one way the committee is hoping will make your next days a bit brighter. We will also be offering some evening virtual activities.

The committee has also developed a Quarantine Buddy program. Over 25 caring faculty and staff have volunteered to serve as a quarantine buddy for any student with the hope of making your quarantine period a bit more bearable and less stressful.

If you choose to have a buddy, he/she can provide daily check-ins by either email, text, or call to ensure your well-being, offer encouraging words, or just say hello so you know that your buddy is thinking about you. Your buddy can also serve as an advocate for any needs you may have or help you navigate through your quarantine period by helping you get answers to questions you may have along the way. Your buddy may also surprise you with special treats or gifts to be delivered to your room by a campus volunteer.

Your identity can remain confidential by only providing your cell number or you can share your name and email with your buddy if you choose. To sign up for a Quarantine Buddy, fill out the attached form and return under the door to the volunteer delivering your goody bag. Or, if you choose to sign-up later, email Melinda Miller, Director of Counseling at millerm@canton.edu and provide the same information.

If you have any questions, you can call as well at 386-7314

