

Be ROO-sponsible - Stop the Spread!

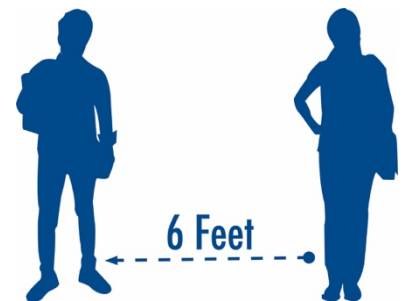


WEAR A MASK

- Always wear a mask, unless you're in a private office or residence – even outdoors, unless there's no one else around.
- You may take your mask off to eat/drink, but always stay physically distant from others when you do.

KEEP YOUR DISTANCE

- Always stay at least six feet away from others, even if you have a mask on.
- When keeping physical distance isn't possible, be sure to wear your mask and limit the time you're closer than six feet from others.



WASH YOUR HANDS

- Soap and warm water are best! Wash for at least 20 seconds. Sing the chorus to the SUNY Canton Alma Mater in your mind, or hum the Happy Birthday song twice.
- If soap and water aren't available, use hand sanitizer, available all around campus.

DO YOUR DAILY HEALTH CHECK

- Make it a part of your morning routine! It only takes a few seconds before heading to work or class.
- Faculty and staff: www.canton.edu/check
- Students: www.canton.medicatconnect.com

