

# Embracing Neurodiversity at SUNY Canton



Megan's TedTalk on Embracing Neurodiversity



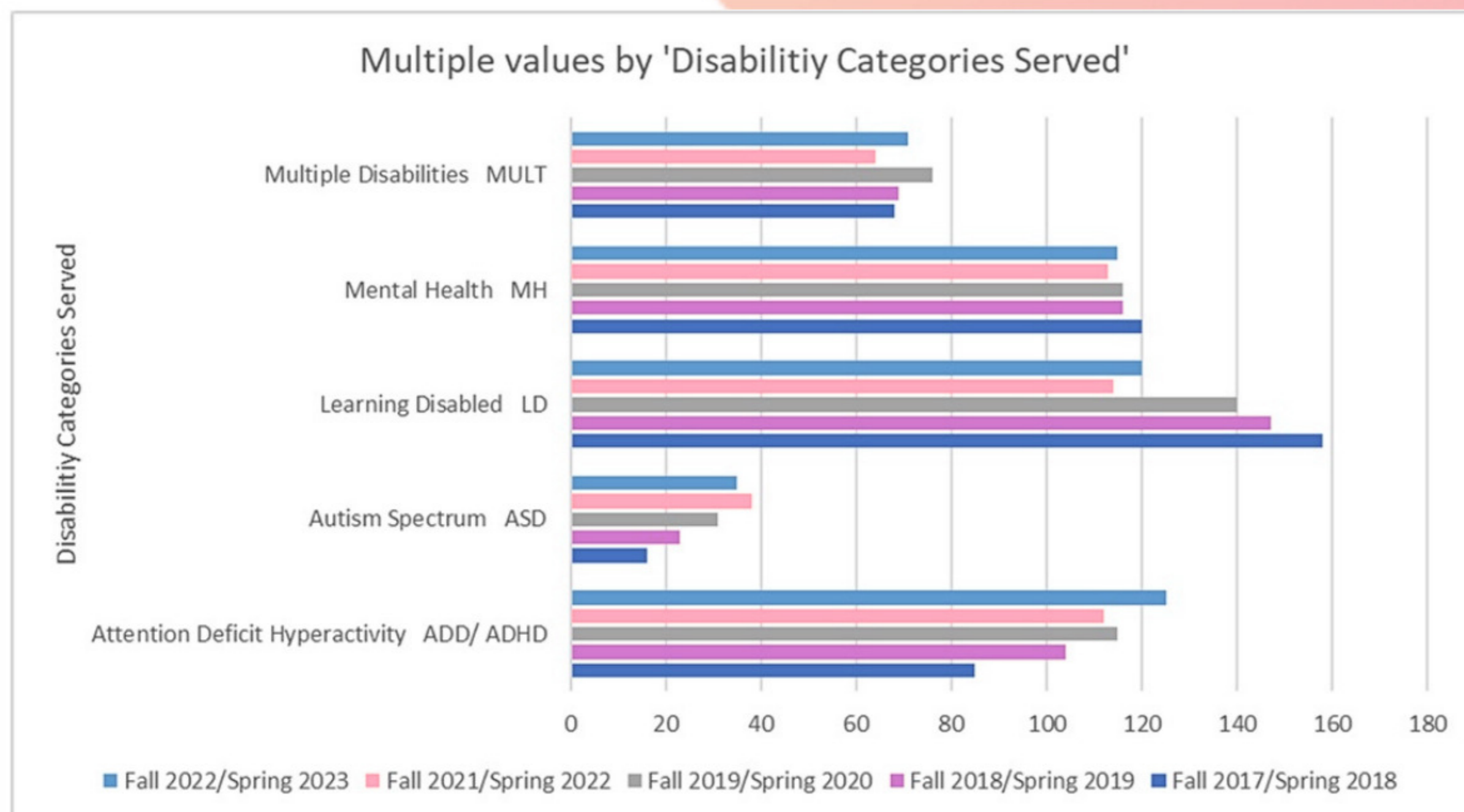
## Author

Megan Riedl, Director of Student Accessibility Services

## What is Neurodiversity?

Neurodiversity is a framework for understanding human brain function and mental illness. It argues that diversity in human cognition is normal and that some conditions classified as mental disorders are differences and disabilities that are not necessarily pathological.

## Trends



P3 is a transition program designed for neurodivergent students to help support them in the transition from high school to higher education. A parent program will help parents and guardians appropriately support their college students. Peer mentors will help acclimate students to campus life. Professional staff will give academic guidance and referrals as needed.

P3 launches in Fall 2024

## The Sensory Room

Located in Payson 218, The Sensory Room is a collaboration with SAS, Diversity Council, and Executive Cabinet. The space is designed to be a relaxing environment where students can self-regulate. It is available for all student, but designed with neurodivergence in mind. Items include weighted blankets, noise canceling headphones, puzzles, bean bag chairs, and stress-relieving toys.



## Related Literature

Bakker, T., Krabbendam, L., Bhulai, S., Meeter, M., & Begeer, S. (2022, March 12). Study progression and degree completion of autistic students in higher education: a longitudinal study.

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English, L. (2018). Supporting the transition of autistic students into university life: reflections on a specialist peer mentoring scheme. *Good Autism Practice*, 63-67.

Pinder-Amaker, S. (2014). Identifying the Unmet Needs of College Students on the Autism Spectrum. *Harvard Review of Psychiatry*, 125-137.

Schiffirin, H. H., Liss, M., Miles-McLean, H., Geary, K. A., Erchull, M. J., & Tashner, T. (2014). Helping or Hovering? The Effects of Helicopter Parenting on College Students' Well-Being. *Journal of Child and Family Studies*, 548-557.

Weintraub, K. (2020, February 1). Room with an "ahh": Colleges are giving students their own space to decompress. *The Washington Post*.